

SONORA ISD BREAKFAST

SEPT

MENU 2023

STATE FAIR DALLAS



ANNOUNCEMENTS:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

4

5
FRENCH TOAST / SAUSAGE
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

4
NO SCHOOL

5
BK BURRITO / HASH BROWN
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

6
WAFFLES / SAUSAGE
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

7
BREAKFAST COMBO
(EGGS, POTATO, BISCUIT)
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

8
MUFFIN / CHEESE STICK
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

11
BREAKFAST PIZZA
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

12
BK STRUDEL / YOGURT
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

13
SAUS, EGG, CHEESE BISCUIT
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

14
PANCAKE WRAP / YOGURT
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

15
NOON RELEASE
HONEY BUN / CHEESE STICK
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

18
PB & JELLY SANDWICH
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

19
BK TAQUITO
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

20
BK PARFAIT
PRE-K MUFFIN / CHEESE STICK
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

21
BISCUIT / SAUSAGE
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

22
BK COOKIE / YOGURT
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

25
SAUSAGE ROLL / CHEESE STICK
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

26
CHEESE OMELET / TOAST
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

27
POWER BREAKFAST
(BISCUIT, EGG, BACON)
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

28
MONTE CRISTO
(FRENCH TOAST, HAM, CHS)
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

29
BK COMBO BAR / BISCUIT
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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